



Warwick Workouts
Advanced Offensive Player Development Camps and Clinics

Powered by Avera Sports

Sioux City Area Pre-Season Training Camp

Clinic Date: November 8-9

7th-12th Grade Boys & Girls

with Trainers Shane Warwick & Cody Schilling

Sioux City Open 7th-12th Grade Boys & Girls

Location: Bishop Heelan Catholic School
1021 Douglas St.
Sioux City IA 51105

Dates & Times:
Saturday, November 8th 9:00am – Noon
Sunday, November 9th 1:00pm – 4:00pm

Cost: \$99

Payment will be collected on the first day of camp.
Please make checks payable to **Avera Sports**.

*Each athlete receives a Warwick Workouts
Hoodie with camp*

Clinic Questions: Andy Foster (605) 228-5568
fostera@bishopheelan.org

To reserve your spot you **MUST** register
online @ www.warwickworkouts.com

**Find the Sioux City Camp –
under the Register for Workouts tab**

Camp Goals

Pre-season Training Camp goal is to prepare you for your upcoming season. This series of workouts will focus on shooting technique, footwork, shooting off the dribble, creating your own shot, as well as all other aspects of shooting and advanced ball handling concepts. These workouts will assist athletes to become a more effective shooter, scorer and ball-handler.



Coach Warwick after a pre-draft workout with Nic Stauskas, Mitch McGary, Adreian Payne, Joe Harris, Doug McDermott, and Sean Kilpatrick.

**For more information, visit our website
at WarwickWorkouts.com or contact us at
605-391-6700 or warwickworkouts@gmail.com**



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